

Transforming Care

Children and Young People's Self-Referral Pathway

A pathway for children or young people aged under 18 years of age with autism and/or learning disabilities who may be at risk of a specialist mental health hospital admission, or different living arrangements due to unsafe behaviours.

- I am a young person who has Autism and/or Learning Disabilities. I am worried I might need to be admitted to a mental health hospital.

and/or

- I am a young person who has Autism and/or Learning Disabilities. I am worried my behaviour is not safe at home.

Concerns



- I am a parent of a child/young person who has Autism and/or Learning Disabilities and they are at risk of mental health hospital admission.

and/or

- I am a parent of a child/young person who has Autism and/or Learning Disabilities with behaviour that may no longer be safely supported within the family home.

Referral



You can complete the referral form yourself (If you would like help to complete the form, please ask your CAMHS Practitioner, your Social Worker, or your School Teacher).

Or

You can contact your lead practitioner in CAMHS, Social Care or School who can complete the referral with your consent.

It is important that your form is completed with as much information as possible.

Email your form



When you have completed your form, please email it to Bedfordshire Luton and Milton Keynes Integrated Care Board (BLMK ICB): blmkicb.cryptcp@nhs.net

Review



Your referral will then be reviewed within 7 days by BLMK ICB.

Outcome



BLMK ICB will contact you to tell you the outcome:

Referral accepted and child/young person is added to their local Dynamic Support Register and next steps will be advised.

Or

BLMK ICB will request further information and update you on next steps.

Or

Signposting to the appropriate services and support if your referral is not accepted. You can self-refer again, at any time, if your situation changes

If there is an immediate risk to safety:



Contact the 'all age' 24/7 Mental Health Crisis Line on NHS 111 option 2 in the first instance, before attending A&E.



If urgent medical attention is required, please call 999 or attend A&E as appropriate where CAMHS Crisis Team can assess.