

About SportWorks

SportWorks is an award-winning social enterprise who, in 2023, supported over 31,000 individuals aged 7 months-102 years, to improve health, gain qualifications and move into sustainable employment or further training. Our team passionately believes in the power sport has to effect positive social change, and in its ability to enrich the lives of individuals and entire communities.

Since 2009 we've been designing and delivering award winning programmes which change lives. Through our diverse programmes, our work addresses health inequalities and contributes towards a healthier, more active nation.

Our Education & Skills programmes equip learners to gain skills, nationally recognised qualifications and discipline to achieve success. Our Volunteer Academy provides 'real life' opportunities for learners to develop the skills, experiences and attitudes which employers require.

Whilst we are motivated to "do more" we will only ever report evidence which is verified. We never claim to get 100% success rates, as that would mean we are not working with the right people. We firmly believe in the importance of balancing 'good news' stories with 'hard evidence'.

Our Values

Our values are not just about what we do, but also how we do things. They underpin the culture and beliefs of our organisation and foster a sense of pride in both working for, and with SportWorks.



Who we work with

Sport Clubs, Community Groups & Charitable organisations

SportWorks supports over 600 community organisations to enhance health and social outcomes in their locality. Our Community programmes use the power of sport to tackle a range of issues such as low physical activity levels, diabetes and low skill and education levels. Our work is targeted in the cities, towns and villages needing the greatest support. Our partners range from grassroots sport clubs, community centres and national charities, all with the aim of providing health and well-being opportunities.

Central Government and Public Sector bodies

We are proud to work alongside both Central Government and over 30 local authorities to deliver the Levelling Up agenda at regional and sub regional levels. This is delivered through our multi-purpose and diverse health and well-being programmes.

Corporate partners, Trusts and Foundations

SportWorks' partnerships with corporates, Charitable Trusts and Foundations enable us to develop mutually beneficially national and regional projects and campaigns.

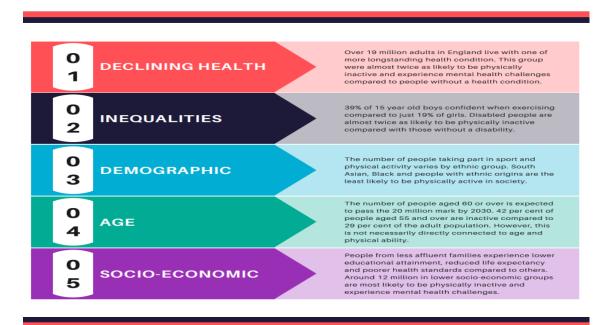
Our Programmes



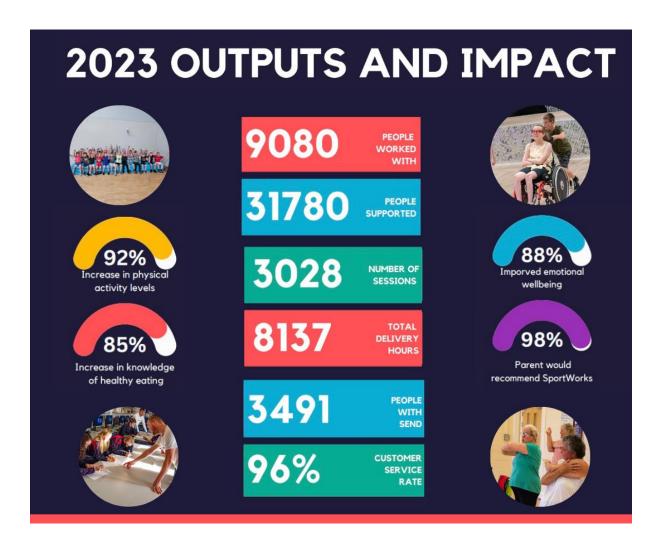
We deliver a whole host of programme which are tailored to meet the individual needs of our participants. The programmes are spilt into the following; **Community and Inclusive Sport**, **Education and Skills**, **Mental health and well-being**, **Holistic Health and Holiday Activities with Food**.

- Our community sport programmes use the 'power of sport' to tackle a range of issues such as crime, anti-social behaviour, community cohesion and social mobility. We deliver diversionary activities and work with partners including the police and social services to provide positive pathways for participants.
- Our education programmes support learners who may be at risk of disengaging
 with education or who are excluded. Our existing clients including Central
 Government, Colleges, Prisons and Local Authorities recognise how sport can
 engage learners in a way that almost no other subject can.
- With an ageing population, increases in the number of serious mental health issues and a Government agenda focused on supporting people to live in their own homes for longer. Current projects include a Walking Rugby and nutrition programme for men aged 55+ experiencing depression and anxiety.
- We are proud to be able to deliver the HAF programme since 2021 and are currently commissioned by over 30 Local Authorities across the country, working with thousands of children and their families.
- Holistic Health was designed to enable local community-based organisations, such as community centres, charities and youth work centres, to more effectively address the health and wellbeing needs of their members/participants

The issues we address



2023 Outputs and Impact



2023 proved to be SportWorks busiest ever delivery period, with record breaking outcomes and impact data. We are proud of the impact data above and strive to provide postitve health and wellbeing opportunites for some of the most disadvataged communities.

For more information please *visit* <u>www.sportworksltd.co.uk</u>, *email* info@sportworksltd.co.uk or *phone* 0191 5800 120.